

**CALAIS MIDDLE/HIGH SCHOOL**  
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## Dismissal Letter from the Isolation Room

**Date:**

**Student:**

**Low Risk Symptoms:**

- Headache
- Body Aches
- Runny Nose/Congestion
- Nausea/Vomiting
- Diarrhea
- Swelling or Redness of Hands/Feet
- Rash

**High Risk Symptoms:**

- Fever (100.4)
- New Cough
- Shortness of breath
- Loss of taste/smell
- Chills
- Sore Throat

In accordance with the Center for Disease Control (CDC) and Department of Education guidelines, the following must be adhered to for return to school.

- 1) If a swab for COVID-19 is done and the result is positive:** The parent/guardian will notify the school as soon as possible and will follow CDC guidelines before returning to school. The School Nurse will be in contact with the DOE School Nurse Consultant for further instructions.
- 2) If the student was seen by a provider and no test was done, however an **alternative diagnosis was made:** the student may return to school with the provider's note and afebrile for 24 hours without medication and improved symptoms.**
- 3) If a swab for COVID-19 is done and the result is negative:** the student must produce proof of negative test (from provider or copy of test results) and be afebrile for 24 hours without medication and improved symptoms.
- 4) If the student was not tested for COVID-19 and did not see a provider:** the child may return to school after 10 days have passed since symptoms, 24 hours afebrile without medication, and symptoms have improved.